



AIMAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN

(Sponsored by AIMA Education & Welfare Society)

(Affiliated to Bharathidasan University)

Recognized by UGC Under Section 2(f) and 12(B)

K.Sathanur, Trichy-21

DEPARTMENT OF NUTRITION & DIETETICS

Organizes

WORLD FOOD DAY CELEBRATION

&

INTRA COLLEGE FEST

"FOOD FESTAZA 2K21"

on

11 & 12th October 2021

EVENTS

1. SALADOLOGY
2. COLOR BULLET
3. PICK-UP LINES
4. VEGANIC MAGIC
5. LICKALACIOUS
6. FOOD SHOOT
7. QUIZ
8. HUNGER HUNT

16th October
WORLD
FOOD
DAY

Dr.SUHASHINI ERNEST
PRINCIPAL

Prof.Dr.M.M.SHAHUL HAMEED
DIRECTOR

ALL ARE SOLELY INVITED

AIMAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN
DEPARTMENT OF NUTRITION & DIETETICS

Organizes

WORLD FOOD DAY CELEBRATION

World Food Day is an International day celebrated every year around the world on 16th October in honor of the date of the founding of the Food and Agriculture Organization of the United Nations in 1945.

The Department of Nutrition and Dietetics celebrated the World Food Day in a very grand way to educate the younger generation on the importance of food.

The events were flagged off on 9th October 2021, with the observance of “Traditional Food Festival” in collaboration with the Department of Social Welfare and Women Empowerment, Integrated Child Development Services (ICDS), Tiruchirapalli. Mrs. T. Bhuvaneshwari, District Program Officer, Trichy spoke on the “Benefits of Traditional Food” and gave a note of warning on the harmful effects of Processed food. Dr. Kamaraj, District Siddha Medical Officer, G.H, Trichy gave an excellent speech about the “Medicinal Importance of the Traditional food” and he added on the health benefits of herbs. The session was continued by Mrs. Isai Amuthu, Yoga Naturopathy Ayush Medical Officer, Trichy. She spoke about the “Functions of Human Body” and the exercises which have to be followed in our day to day life for the betterment of our health.

An Exhibition on the theme “Safe Food now for a Healthy Tomorrow”. was organized by the ICDS displaying food grains like cereals, millets and pulses, fruit and vegetable, fruits to educate the students on 9th October, 2021.

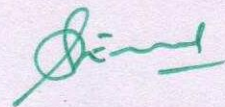
A Pencil Sketch Competition was organized by The Department of Social Welfare and Women Empowerment, ICDS, Trichy, on the theme “Traditional Foods vs Junk Foods”. 68 students participated from various departments and the best three sketches were awarded prizes.

On 11th and 12th October, 2021, The Food Festival continued in the campus by conducting Intra departmental events to bring out culinary skills of the students like Foodshoot, Pick-up lines, Lickalicious, Colour Bullet, Saladology, Hunger Hunt, Quiz, Veganic Magic. The college students showcased their skills and knowledge by participating in all the events and prizes were awarded.

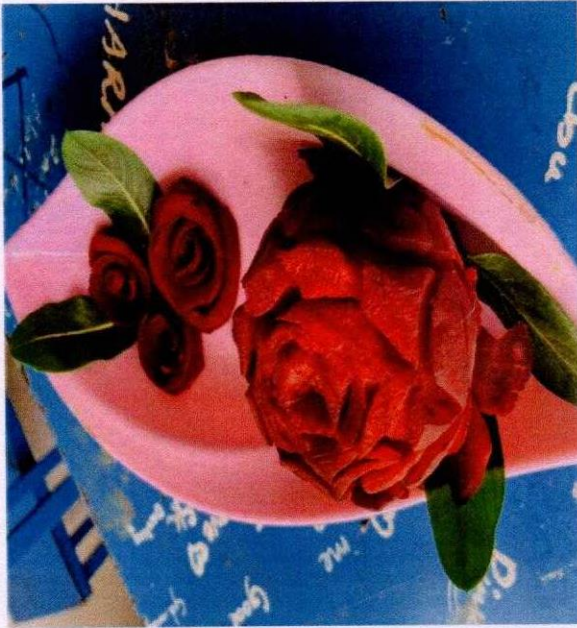
On 22nd October 2021, The department of Nutrition and Dietetics of AIMA College of Arts and Science for Women and Food Safety department, Trichy zone organized “The Global Iodine Deficiency Disorder Prevention day and Food Safety Awareness programme on 22nd October 2021 at 9:30 am. The Chief Guest of the day was Thiru. S. Sivarasu, IAS District Collector, Tiruchirappalli. The Guest speakers were Dr. R. Ramesh Babu MBBS, Designated Officer, Food Safety department,

Tiruchirappalli, Manithavidiyal Dr.P.Mohan, Consumer Club president, Southern Consumer and People Production Movement, tiruchirappalli. Thiru.S.Sivarasu, District Collector, delivered a valuable speech on Food Safety and stressed the importance of Covid vaccination. Dr.R.Ramesh Babu delivered speech on "Iodine Deficiency and Food Adulteration", followed by Dr.P.Mohan, Consumer Club President, spoke about the "Importance of Iodine". Mr.Stalin prabhu, and Mr. Syed Ibrahim, Food Safety Officers, Srirangam Block demonstrated the adulteration of food products. He also motivated students to find out the adulterants and guided the students to use pure products. Students raised many questions regarding food adulteration and they were clarified .Mrs.M.Jasmin Uhanitha, Head, Department of Nutrition and Dietetics proposed the vote of thanks. The programme was very informative and useful to both students and staff members. Nearly, 150 students participated and were benefited by this programme.

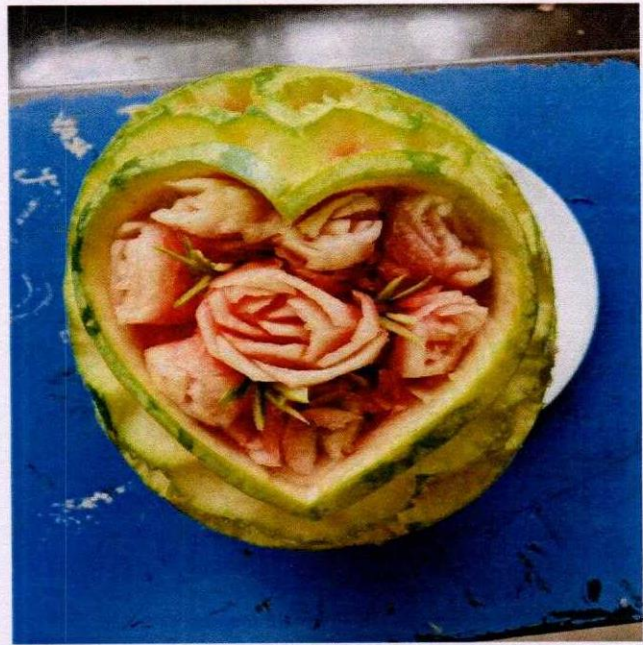
"Zero Hunger", the motto of the World Food Day was highlighted by motivating students to participate by collecting donations from students to feed the hungry people on the streets of Trichy city. 300 packets of food were distributed to the needy on 12th November,2021.It was a gratifying celebration ,which involved educating the students on "Safe Food for a Healthy Tomorrow".



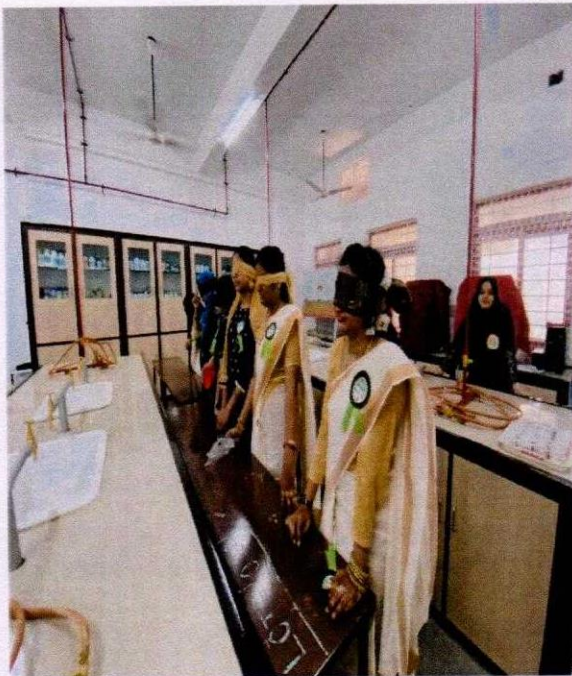
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TIRUCHIRAPPALLI-620 021.



EVENT NAME: VEGETABLE
CARVING [VEGANIC MAGIC]



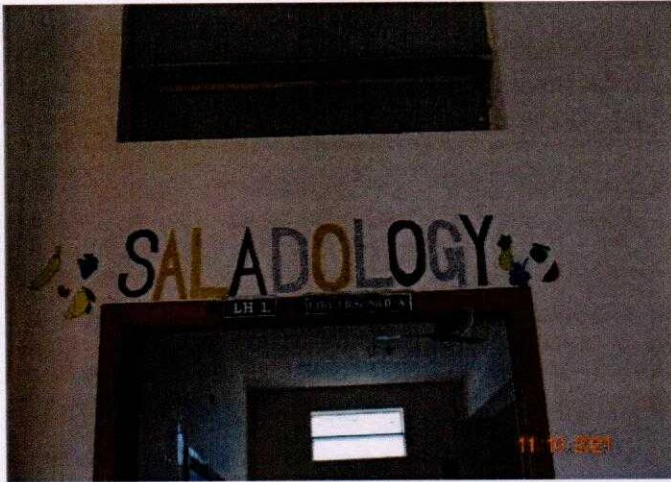
EVENTNAME: VEGANIC MAGIC



EVENT NAME: LICKALICIOUS



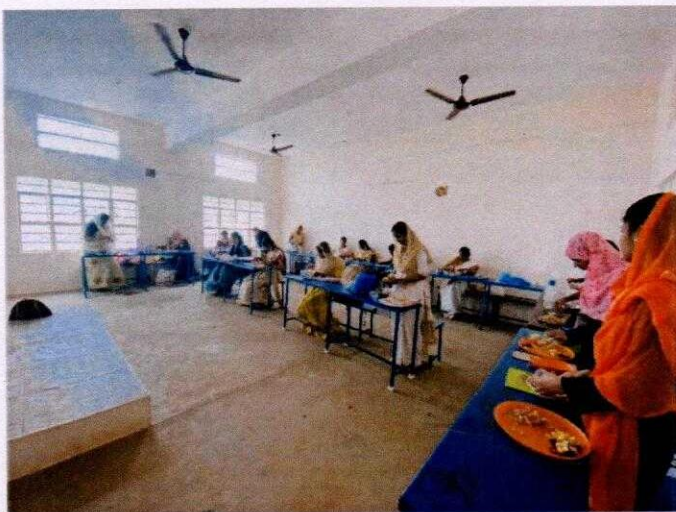
EVENT NAME: LICKALICIOUS



EVENT NAME: SALADOLOGY



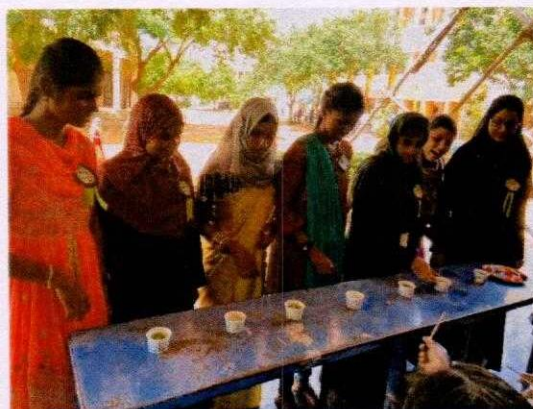
EVENT NAME: SALADOLOGY



EVENT NAME: SALADOLOGY



EVENT NAME: SALADOLOGY



EVENT NAME: HUNGER HUNT


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